

Year-At-A-Glance	Department	Fine Arts	PEIMS Code	03830100	Credit	(State or Local)
	Course Title	Dance I	Course Length	Full Year		
	Prerequisites	None			Grade Level (s)	9 th – 12 th

Area	1 st Nine Weeks			2 nd Nine Weeks		3 rd Nine Weeks			4 th Nine Weeks	
	August	September	October	November	December	January	February	March	April	May
General Conditioning Body Awareness And Injury Prevention	<ul style="list-style-type: none"> Identify basic concepts of cardiovascular fitness. Identify basic concepts of muscular conditioning and endurance. Demonstrate knowledge of injury prevention specific to dancers. Demonstrate, analyze, and evaluate kinesthetic awareness (i.e. body alignment and placement) using appropriate anatomical terminology. (TEKS 1A, 3A, 3B) Demonstrate, analyze, and evaluate correct technique for muscular flexibility. Practice an effective warm-up and cool-down using elements of proper conditioning. (TEKS 3C) <p style="text-align: center;">—————▶ (3 weeks)</p>									
Ballet	<ul style="list-style-type: none"> Summarize the contributions of historical figures. (TEKS 4C) Demonstrate, analyze, evaluate proper body alignment and placement using appropriate anatomical terminology. (TEKS 3A, 3B) Critique performances using appropriate vocabulary. (TEKS 5A) Demonstrate appropriate audience, performance, and classroom etiquette. (TEKS 5B) Perform memorized movement phrases with rhythmical / technical accuracy and with an understanding of historical and social contexts. (TEKS 2A, 4B, 4C) <p style="text-align: center;">—————▶ (6 weeks)</p>									
Jazz	<ul style="list-style-type: none"> Perform memorized movement phrases with rhythmical / technical accuracy and with an understanding of historical and social contexts. (TEKS 2A, 4B) Practice an effective warm-up and cool-down using elements of proper conditioning. (TEKS 3C) Summarize the contributions of historical figures. (TEKS 4C) Critique performances using appropriate vocabulary. (TEKS 5A) <p style="text-align: center;">—————▶ (9 weeks)</p>									
Folk/Ethnic	<ul style="list-style-type: none"> Perform memorized movement phrases with rhythmical / technical accuracy and with an understanding of historical and social contexts. (TEKS 2A, 4B) Analyze the characteristics of dances from several diverse cultures. (TEKS 4A) Demonstrate appropriate audience, performance, classroom etiquette as well as etiquette for specific social / cultural settings. (TEKS 5B) Distinguish commonalities between dance and social studies by identifying the geographic location of origination. (TEKS 5D) <p style="text-align: center;">—————▶ (2 weeks)</p>									

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Tap	<ul style="list-style-type: none"> Perform memorized movement phrases with rhythmical / technical accuracy and with an understanding of historical and social contexts. (TEKS 2A, 4B) Summarize contributions of historical figures. (TEKS 4C) Critique performances using appropriate vocabulary. (TEKS 5A) 										→ (2 weeks)
Precision	<ul style="list-style-type: none"> Demonstrate, analyze, and evaluate basic kinesthetic and spatial awareness (ex: body alignment and placement). (TEKS 1A, 3B) Perform memorized movement phrases with rhythmical and technical accuracy. (TEKS 2A) Practice effective warm-up and cool-down using elements of proper conditioning. (TEKS 3C) 										→ (5 weeks)
Modern/ Lyrical	<ul style="list-style-type: none"> Demonstrate the ability to express ideas and emotions through movement. (TEKS 1C) Interpret images found in the environment through movement. (TEKS 1D) Perform memorized movement sequences with rhythmical and technical accuracy with understanding of historical and social context. (TEKS 2A, 4B) Improvise and demonstrate original movement. (TEKS 2C) 										→ (3 weeks)
Choreography	<ul style="list-style-type: none"> Develop sensitivity toward others when working in groups. (TEKS 1B) Through movement, express ideas and emotions and interpret images found in the environment. (TEKS 1C) Identify and explain the effective use of dance elements in practice and performance. (TEKS 2B) Create and perform basic compositional forms, using fundamental choreographic processes. (TEKS 2D) Improvise and demonstrate original movement. (TEKS 2C) Identify relationships and commonalities between dance and other fine arts disciplines as well as core subjects. (TEKS 5C, 5D) 										→ (6 weeks)